

OCCULT BLOOD FOR HEMOSURE[®] QUANTITATIVE IFOB TEST (FIT)

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Required Specimen	Stool samples
Medical Supplies	IFOB Kit – Acquire the specific collection kit from your doctor or the laboratory.
General Guidelines	 All specimens must include a double identification (first and last name of the patient and date of birth or medicare number). The use of gloves is required when handling all biological specimens. A valid requisition <u>must include the following information</u>: First and last name of the patient, date of birth or medicare number and gender. Date and time of specimen collection and signature of collector. Physician's full name, signature and license number (or other qualified prescriber). Any relevant clinical information. Requested tests.
Patient Preparation	Diet: No special diet is required. This assay is not affected by dietary peroxidases, animal blood or ascorbic acid. Medication: Certain medications may cause gastrointestinal irritation resulting in occult bleeding. This may result in a false positive test. Consult your physician. Patients should consult their health care professional prior to stopping any medication. Specimens should not be collected if the patient is experiencing any of these conditions, as they may interfere with the tests results: Menstrual bleeding Bleeding hemorrhoids Constipation bleeding Urinary bleeding Diarrhea Stool visibly bloody (contact your doctor).
Specimen Collection Instructions	 The special collection kit includes: collection paper, sample collection tube and an plastic bag. SUPPLIES Patient instructions Remove the tape cover from each end of the collection paper. Tape the paper across the toilet bowl, rear half, allowing paper to sag. 4. Deposit stool on the paper. DO NOT allow stool to contact the water. Step 2 - Sample collection: Unscrew green cap. DO NOT POUR OUT THE LIQUID.



	2. Poke the stool in at least 4 different places, scraping the surface in a crosswise motion. The
	grooves of the cap stick must be covered but <u>not excessive</u> .
	Poke in at least 4 places
	3. Put the green cap back on the tube and tighten. Do not reopen. Use one time only.
	Close and Tighten Tube 4. Shake tube gently upside down. Flush the stool and collection paper.
	Shake gently
	Step 3 – Specimen return:
	1. Label the specimen with the first and last name of the patient and their date of birth. Tubes without identification will not be processed.
	 Fill out the return envelope. Insert the labelled <u>specimen collection tube</u> into the <u>specimen pouch</u> and seal. Insert the <u>specimen</u>
	pouch into the envelope and seal.
	4. Return the specimen immediately to your doctor, or the laboratory in person.
Additional Information	N/A
Specimen Conservation and Stability	The specimen may be stored up to 32 days in the fridge (2-8°C), and 14 days at room temperature (15- 30°C), protected from direct light.