

RANDOM, URINE	
Document number	LA-75-WI-125E_01.30
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Required specimen type	<ul style="list-style-type: none"> ▪ Random urine sample
Medical supplies	<ul style="list-style-type: none"> ▪ Sterile urine container or yellow top preservation tube for urinalysis. See specimen collection procedure LA-75-WI-185; ▪ Biohazard bag;
General Guidelines	<ol style="list-style-type: none"> 1) All specimens must include a double identification (first and last name of the patient and date of birth or medicare number). 2) The use of gloves is required when handling all biological specimens. 3) A valid requisition must include the following information : <ul style="list-style-type: none"> • First and last name of the patient, date of birth or medicare number and gender. • Date and time of specimen collection and signature of collector. • Physician's full name, signature and license number (or other qualified prescriber). • Any relevant clinical information. • Requested tests.
Patient preparation	<ul style="list-style-type: none"> ✓ It is recommended to collect the first mid-stream urine of the morning because some of the compounds must incubate in the bladder for a minimum of 4 hours; ✓ Patient should advise doctor if menstruating;
Specimen Collection Instruction	<ol style="list-style-type: none"> 1) Wash hands with soap and water and dry them thoroughly; 2) Remove the lid from the container; 3) Begin urinating into the toilet and then stop; 4) Resume voiding into the container. A minimum volume of 15 mL is required for analysis. Eliminate the last part of urine into the toilet; 5) Tightly close the urine container; 6) Identify the container <ul style="list-style-type: none"> • First and last name; • Date of birth and/or Medicare number • Date and time of specimen collection 7) Return the sample immediately to your physician or to the laboratory.
Additional information	N/A
Specimen Conservation and Stability	<ul style="list-style-type: none"> • 2 hours at room temperature • 6 to 8 hours refrigerated • The preservation tube for urine analysis (yellow) can be stored at room temperature or refrigerated for a period of 72 hours (see collection procedure LA-75-WI-185)